

# FY2008 National Data

## Expanded Food and Nutrition Education Program (EFNEP)

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### SYSTEM DATA

Reporting Period: 10/01/2007– 09/30/2008

Number of Reporting Institutions: 70

Number of Units: 824

### ADULT DATA

Total Adults: 141,181

Total Other Family Members: 376,933

Mean # of Months (Graduates): 3.4

Mean # Lessons (Graduates): 8.9

Mean # Contacts (Graduates): 6.5

<b>Program Status</b>		<b>#</b>	<b>%</b>
	Active	31,409	0.22
	Graduated	88,808	0.63
	Terminated	20,964	0.15
<b>Gender/Maternal</b>		<b>#</b>	<b>%</b>
	Male	13,569	0.10
	Female	127,612	0.90
	Pregnant	17,488	0.12
	Nursing	4,832	0.03
	Not Pregnant, Not Nursing, No Children	16,763	0.12
<b>Public Assistance</b>		<b>#</b>	<b>%</b>
	Total enrolled in Public Assistance at entry	105,273	0.746
	WIC at entry	67,158	0.476
	SNAP-Ed at entry	66,453	0.471
	FDPIR at entry	597	0.004
	TEFAP at entry	4,396	0.031
	Head Start at entry	13,814	0.098
	Child Nutrition at entry	40,150	0.284
	TANF at entry	16,575	0.117
	Other Federal Assistance at entry	16,738	0.119
<b>Residence</b>		<b>#</b>	<b>%</b>
	Farm	2,601	0.02
	Towns under 10,000 & rural non-farms	23,659	0.17
	Towns & cities 10,000 to 50,000 & their suburbs	27,807	0.20
	Suburbs of cities over 50,000	7,759	0.05
	Central cities over 50,000	79,355	0.56
<b>Poverty</b>		<b>#</b>	<b>%</b>
	< or = 50% of poverty	50,537	0.358
	51 – 75% of poverty	23,662	0.168
	76 – 100% of poverty	12,517	0.089
	101 – 185% of poverty	12,766	0.090
	185% or more	2,187	0.015
	Income not provided	39,512	0.280

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	39,081	0.28	28,885	0.20	1,967	0.01	<b>69,933</b>	<b>0.50</b>
African American	31,970	0.23	1,108	0.01	2,947	0.02	<b>36,025</b>	<b>0.26</b>
American Indian or Alaska Native	2,650	0.02	1,383	0.01	118	0.00	<b>4,151</b>	<b>0.03</b>
Asian	2,682	0.02	109	0.00	325	0.00	<b>3,116</b>	<b>0.02</b>
Native Hawaiian or Other Pacific Islander	714	0.01	146	0.00	1,679	0.01	<b>2,539</b>	<b>0.02</b>
Multiple Races Identified	1,460	0.01	347	0.00	91	0.00	<b>1,898</b>	<b>0.01</b>
Race Not Provided	707	0.01	22,157	0.16	655	0.00	<b>23,519</b>	<b>0.17</b>
<b>TOTAL</b>	<b>79,264</b>	<b>0.56</b>	<b>54,135</b>	<b>0.38</b>	<b>7,782</b>	<b>0.06</b>	<b>141,181</b>	<b>1.00</b>

Note: Percentages in the table are rounded values. For this reason the sum of the individual percentage values may not add up exactly with the totals listed.

### **ADULT DIET RECALL DATA**

# with both Recalls: 87,955

% of Graduates with both Recalls: 0.99

Food Group	Entry	Exit	Change
Grains	5.8	6.0	0.3
Fruits	0.9	1.4	0.5
Vegetables	1.4	1.8	0.4
Milk	1.3	1.7	0.4
Meats	4.8	5.1	0.3

% with Positive Change in 1 or more Food Group: 0.947 (n=67,988)

% with Positive Change in Physical Activity Level: 0.245 (n=61,193)

Total Cost Savings: \$378,383.63 (n=46,422)

Average Cost Savings: \$8.15 (n=46,422)

### **ADULT BEHAVIOR CHECKLIST DATA**

# with both Checklists: 85,667

% of Graduates with both Checklists: 0.96

Improvement in 1 or More	# Improved	# Responded	% Improvement
Food Resource Management (FRM) Practice	58,640	70,225	0.84
Nutrition Practice (NP)	57,052	64,598	0.88
Food Safety (FS) Practice	46,058	71,084	0.65
Desirable Practices*	Entry	Exit	Change
Food Resource Management (FRM) Practice	unknown	unknown	unknown
Nutrition Practice (NP)	unknown	unknown	unknown
Food Safety (FS) Practice	unknown	unknown	unknown
All 3 (FRM, NP, FS)	unknown	unknown	unknown

\*Desirable Practices indicate scores of 80% or higher on all indicators of a given practice.

## **YOUTH DATA**

**# of Youth Groups:** 16,443

**Total # of Youth:** 449,092

**Mean # Months:** 5.4

**Mean # Meetings:** 5.9

**Mean # Contact Hours:** 18.3

<b>Gender</b>		<b># Youth</b>	<b>%</b>
	<b>Male</b>	222,669	0.50
	<b>Female</b>	226,423	0.50
<b>Residence</b>		<b># Youth</b>	<b>%</b>
	<b>Farm</b>	12,862	0.03
	<b>Towns under 10,000 &amp; rural non-farms</b>	112,738	0.25
	<b>Towns &amp; cities 10,000 to 50,000 &amp; their suburbs</b>	88,672	0.20
	<b>Suburbs of cities over 50,000</b>	21,501	0.05
	<b>Central cities over 50,000</b>	198,866	0.44
<b>Race</b>		<b># Youth</b>	<b>%</b>
	<b>White</b>	205,632	0.46
	<b>African American</b>	143,334	0.32
	<b>American Indian or Alaska Native</b>	12,002	0.03
	<b>Asian</b>	8,863	0.02
	<b>Native Hawaiian or Other Pacific Islander</b>	6,782	0.02
	<b>Multiple Races Identified</b>	9,926	0.02
	<b>Not Provided</b>	49,924	0.11
<b>Ethnicity</b>		<b># Youth</b>	<b>%</b>
	<b>Not Hispanic/Not Latino</b>	297,535	0.66
	<b>Hispanic or Latino</b>	110,038	0.25
	<b>Not Provided</b>	27,066	0.06
<b>Grade</b>		<b># Youth</b>	<b>%</b>
	<b>Pre-K, 2yrs</b>	1,530	0.00
	<b>Pre-K, 3yrs</b>	9,718	0.02
	<b>Pre-K, 4yrs</b>	31,935	0.07
	<b>Kindergarten</b>	39,657	0.09
	<b>Grade 1</b>	48,536	0.11
	<b>Grade 2</b>	49,354	0.11
	<b>Grade 3</b>	77,061	0.17
	<b>Grade 4</b>	59,776	0.13
	<b>Grade 5</b>	42,720	0.10
	<b>Grade 6</b>	23,696	0.05
	<b>Grade 7</b>	14,996	0.03
	<b>Grade 8</b>	10,916	0.02
	<b>Grade 9</b>	5,626	0.01
	<b>Grade 10</b>	4,728	0.01
	<b>Grade 11</b>	5,042	0.01
	<b>Grade 12</b>	3,889	0.01
	<b>Special Education</b>	5,459	0.01

<b>Delivery Mode</b>		<b># Groups</b>	<b>%</b>
	<b>4-H Club Membership</b>	957	0.06
	<b>4-H Special Interest/Short-Term Program</b>	3,917	0.24
	<b>4-H Camping Programs</b>	196	0.01
	<b>School Enrichment Programs</b>	10,358	0.63
	<b>After-School Programs Using 4-H Curricula/Staff Training</b>	697	0.04
	<b>Instructional TV/Video/Web Programs</b>	5	0.00

<b>Youth Impact Indicators</b>	<b># Responded</b>	<b>% Improvement</b>
<b>Now eat a variety of food</b>	86,120	0.724
<b>Increased their knowledge of the essentials of human nutrition</b>	108,115	0.679
<b>Increased their ability to select low-cost, nutritious foods</b>	87,645	0.586
<b>Improved their practices in food preparation and safety</b>	94,405	0.632

### **STAFF DATA**

	<b>#</b>	<b>FTE</b>
<b>Professionals</b>	469	103.4
<b>Paraprofessionals</b>	1,692	984.5
<b>Volunteers</b>	30,838	270.8

### **INTERAGENCY DATA**

**% of Units Reporting:** 0.87 (n=718)

**% of WIC Offices Served:** 0.56 (n=833)

**% of SNAP Offices Served:** 0.57 (n=460)

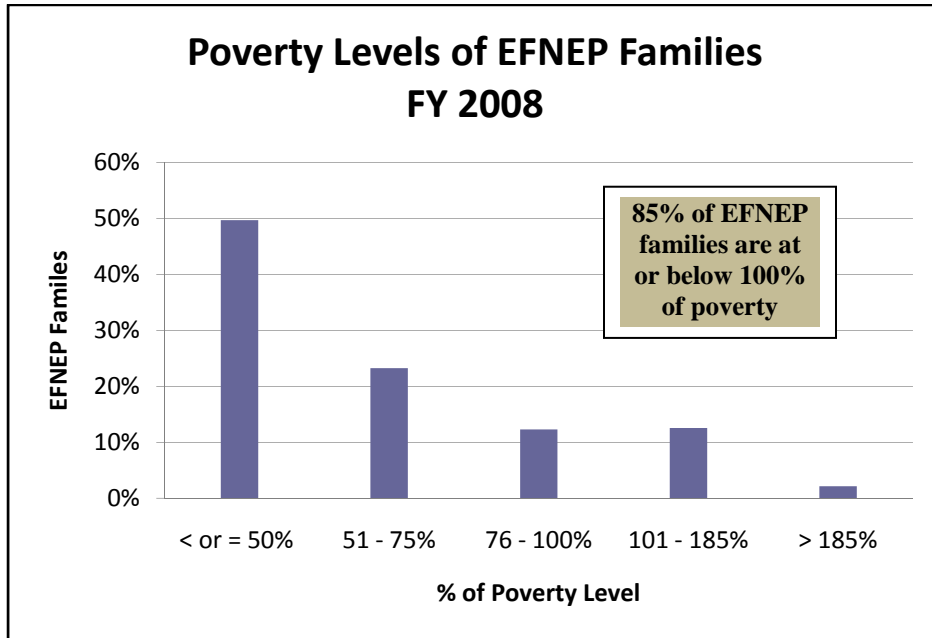
**# Agreements and Coalitions:** 11,002

**Total Dollars:** \$30,650,979

## APPENDIX – Supplementary Charts and Tables

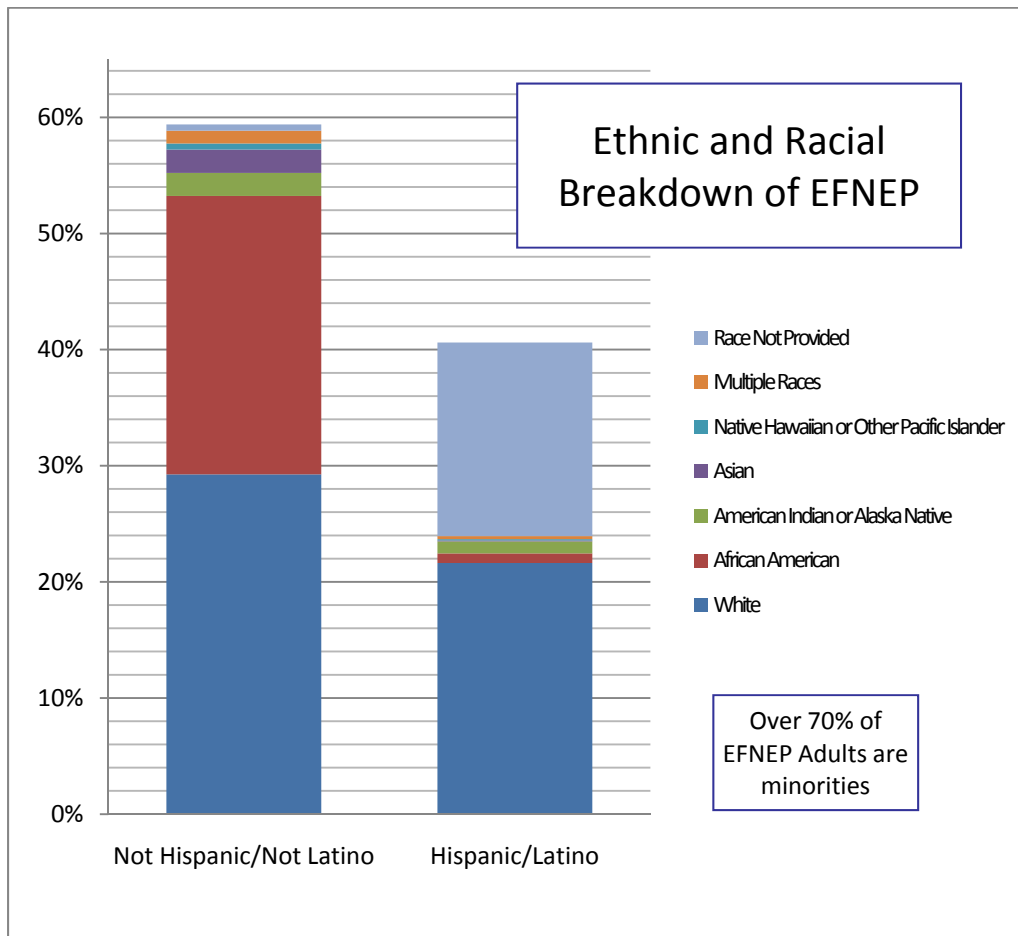
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Chart X: Poverty Levels of EFNEP Families (FY08 Data)



According to 2007 U.S. Census Data, 7.6 million families (37.3 million people, 12.5% of population) are living at or below 100% of poverty. EFNEP reaches the poorest of the poor. In FY2008, 85% of EFNEP families reported salaries at or below 100% of poverty. According to the Department of Health and Human Services Poverty Guidelines for 2008, 100% of poverty is a yearly salary of \$21,000 for a family of four; \$10,400 for an individual.

**Chart X: Ethnic and Racial Breakdown of EFNEP Adults (FY08 Data)**



**Table X: Ethnic and Racial Breakdown of EFNEP Adults (FY08 Data)**

	Not Hispanic/ Not Latino	Hispanic/ Latino
<b>White</b>	29%	22%
<b>African American</b>	24%	1%
<b>American Indian or Alaska Native</b>	2%	1%
<b>Asian</b>	2%	0%
<b>Native Hawaiian or Other Pacific Islander</b>	1%	0%
<b>Multiple Races</b>	1%	0%
<b>Race Not Provided</b>	1%	17%

*Note: blue cells represent adults with minority status*