

# FY2012: NIFA - National Data

## The Expanded Food and Nutrition Education Program (EFNEP)

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### SYSTEM DATA

**Funding Amount:** \$67,934,000

**Reporting Period:** 10/1/2011 – 9/30/2012

**Number of Units:** 883

### ADULT DATA

**Total Adults:** 130,485

**Total Other Family Members:** 368,199

**Mean # of Months (Graduates):** 3.1

**Mean # Lessons (Graduates):** 8.1

**Mean # Contacts (Graduates):** 6.9

<b>Program Status</b>	<b># Adults</b>	<b>% Adults</b>
Active	17,003	13%
Graduated	88,230	68%
Terminated	25,252	19%
<b>Gender/Maternal</b>	<b>#</b>	<b>%</b>
Male	15,157	12%
Female	115,328	88%
Pregnant	11,603	9%
Nursing	3,470	3%
Not Pregnant, Not Nursing, No Children	15,636	12%
<b>Residence</b>	<b>#</b>	<b>%</b>
Farm	2,286	2%
Towns under 10,000 & rural non-farms	20,525	16%
Towns & cities 10,000 to 50,000 & their suburbs	26,512	20%
Suburbs of cities over 50,000	8,254	6%
Central cities over 50,000	72,908	56%
<b>Poverty</b>	<b>#</b>	<b>%</b>
< or = 50% of poverty	55,081	42%
51 – 75% of poverty	20,482	16%
76 – 100% of poverty	12,913	10%
101 – 185% of poverty	12,016	9%
185% or more	2,846	2%
Income not provided	27,147	21%

**ADULT DATA (contd.)**

Instruction Type	#	%
Group Lessons	114,083	87%
Individual Lessons	12,137	9%
Group & Individual Lessons	4,192	3%
Other	73	0%

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	33,345	26%	35,719	27%	1,335	1%	<b>70,399</b>	<b>54%</b>
African American	30,138	23%	1,160	1%	1,660	1%	<b>32,958</b>	<b>25%</b>
American Indian or Alaska Native	2,208	2%	2,326	2%	94	0%	<b>4,628</b>	<b>4%</b>
Asian	3,475	3%	120	0%	140	0%	<b>3,735</b>	<b>3%</b>
Native Hawaiian or Other Pacific Islander	1,732	1%	183	0%	468	0%	<b>2,383</b>	<b>2%</b>
Multiple Races Identified	1,991	2%	738	1%	104	0%	<b>2,833</b>	<b>2%</b>
Race Not Provided	722	1%	12,258	9%	569	0%	<b>13,549</b>	<b>10%</b>
<b>TOTAL</b>	<b>73,611</b>	<b>56%</b>	<b>52,504</b>	<b>40%</b>	<b>4,370</b>	<b>3%</b>	<b>130,485</b>	<b>100%</b>

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

Public Assistance Program	Entry		Exit*	
	#	%	#	%
Total enrolled in one or more Food Assistance Program	98,758	76%	6,986	5%
Women, Infants and Children (WIC)	48,744	37%	1,786	1%
Supplemental Nutrition Assistance Program (SNAP)	65,513	50%	2,344	2%
Food Distribution Program on Indian Reservations (FDPIR)	379	0%	72	0%
The Emergency Food Assistance Program (TEFAP)	5,052	4%	2,194	2%
Head Start	11,579	9%	838	1%
Child Nutrition	41,615	32%	2,646	2%
TANF	12,746	10%	704	1%
Other Federal Assistance	10,147	8%	1,689	1%

\*Exit data represents any new public assistance a participant began receiving during EFNEP/as a result of participating.

**ADULT IMPACT DATA - DIET RECALLS**

# with both Recalls: 87,917

% of Graduates with both Recalls: 100%

Food Group	Mean at Entry	Mean at Exit	Mean Change
Grains	5.7	5.5	-0.1
Fruits	0.8	1.3	0.4
Vegetables	1.4	1.7	0.3
Milk	1.2	1.5	0.3
Meats	5	5.1	0.1
Oils	30	26.2	-3.8

% with Positive Change in one or more Food Group: 95% (n=68,699)

% with Positive Change in Physical Activity Level: 33% (n=68,646)

Total Cost Savings: \$1,160,775.07 (n=53,608)

Average Cost Savings: \$21.65 (n=53,608)

Healthy Eating Index (HEI) Category	Mean at Entry	Mean at Exit	Mean Change
Fruit	3	4.2	1.2
Vegetable	3.9	4.6	0.6
Grains	6.2	6.2	-0.1
Meat & Beans	6.1	6.3	0.2
Milk	3.1	3.8	0.7
Total Fat	5.2	5.6	0.4
Saturated Fat	5.5	5.9	0.3
Sodium	5.9	5.8	-0.1
Cholesterol	6.5	6.5	0
Variety	5.2	6.3	1
<b>Total HEI</b>	<b>50.7</b>	<b>55.1</b>	<b>4.4</b>

## ADULT IMPACT DATA - BEHAVIOR CHECKLISTS

# with both Checklists: 87,917

% of Graduates with both Checklists: 100%

Improvement in one or more Practice	# Improved	# Responded	% Improvement
Food Resource Management Practice	62,516	73,958	85%
Nutrition Practice	62,017	69,186	90%
Food Safety Practice	49,459	74,754	66%
Physical Activity Practice	7,792	17,168	45%

## YOUTH DATA

# of Youth Groups: 17,842

Total # of Youth: 479,398

# Youth in Other 4-H Programs: 20,887

Mean # Months: 6.7

Mean # Meetings: 6.1

Mean # Contact Hours: 8.3

Gender	# Youth	% Youth
Male	239,202	50%
Female	240,196	50%
Residence	#	%
Farm	8,837	2%
Towns under 10,000 & rural non-farms	118,775	25%
Towns & cities 10,000 to 50,000 & their suburbs	81,451	17%
Suburbs of cities over 50,000	46,245	10%
Central cities over 50,000	224,090	47%
Race	#	%
White	272,036	57%
African American	137,182	29%
American Indian or Alaska Native	10,448	2%
Asian	10,140	2%
Native Hawaiian or Other Pacific Islander	6,526	1%
Multiple Races Identified	16,485	3%
Not Provided	28,773	6%
Ethnicity	#	%
Not Hispanic/Not Latino	318,986	67%
Hispanic or Latino	142,208	30%
Not Provided	18,204	4%

**YOUTH DATA (contd.)**

<b>Grade</b>	<b># Youth</b>	<b>%</b>
Pre-K, 2yrs	830	0%
Pre-K, 3yrs	4,594	1%
Pre-K, 4yrs	20,943	4%
Kindergarten	50,007	10%
Grade 1	60,870	13%
Grade 2	62,054	13%
Grade 3	85,585	18%
Grade 4	70,887	15%
Grade 5	51,595	11%
Grade 6	24,365	5%
Grade 7	14,758	3%
Grade 8	11,886	2%
Grade 9	7,488	2%
Grade 10	3,892	1%
Grade 11	3,029	1%
Grade 12	3,258	1%
Special Education	3,357	1%
<b>Delivery Mode</b>	<b># Youth Groups</b>	<b>% Youth Groups</b>
4-H Club Membership	1,342	8%
4-H Special Interest/Short-Term Program	2,706	15%
4-H Camping Programs	131	1%
School Enrichment Programs	12,527	70%
After-School Programs Using 4-H Curricula/Staff Training	1,036	6%
Instructional TV/Video/Web Programs	12	0%

**YOUTH IMPACT DATA**

<b>Youth Impact Indicators</b>	<b># Responded</b>	<b>% Improvement</b>
Now eat a variety of food	140,572	63%
Increased their knowledge of the essentials of human nutrition	171,274	65%
Increased their ability to select low-cost, nutritious foods	126,334	62%
Improved their practices in food preparation and safety	148,746	59%

## **STAFF DATA**

Staff Type	Youth FTE	% Youth	Adult FTE	% Adult	Total Staff	Total FTE
Professionals	32.6	28%	83	72%	462	115.6
Paraprofessionals	257.7	27%	686.7	73%	1,586	944.4
Volunteers	121.2	57%	92.4	43%	26,925	213.6
<b>Total</b>	<b>411.5</b>	<b>32%</b>	<b>862.1</b>	<b>68%</b>	<b>28,973</b>	<b>1,273.60</b>

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	14,247	49%	4,342	15%	484	2%	<b>19,073</b>	<b>66%</b>
African American	6,403	22%	127	0%	267	1%	<b>6,797</b>	<b>23%</b>
American Indian or Alaska Native	204	1%	205	1%	8	0%	<b>417</b>	<b>1%</b>
Asian	302	1%	8	0%	12	0%	<b>322</b>	<b>1%</b>
Native Hawaiian or Other Pacific Islander	170	1%	22	0%	41	0%	<b>233</b>	<b>1%</b>
Multiple Races Identified	131	0%	95	0%	6	0%	<b>232</b>	<b>1%</b>
Race Not Provided	92	0%	1,300	4%	507	2%	<b>1,899</b>	<b>7%</b>
<b>TOTAL</b>	<b>21,549</b>	<b>74%</b>	<b>6,099</b>	<b>21%</b>	<b>1,325</b>	<b>5%</b>	<b>28,973</b>	<b>100%</b>

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

Volunteer Roles	# Volunteers	% Volunteers
Instructs	10,178	38%
Advises	833	3%
Educational Role	15,694	58%
Supports Programming	20,545	76%
Mid-level Manager	1,882	7%

Note: Volunteers may have more than one role.

**% of Volunteers who are Former Participants:** 10% (n=2,788)

## **INTERAGENCY COOPERATION DATA**

**% of Units Reporting:** 60% (n=530)

**% of WIC Offices Served:** 40% (n=601)

**% of SNAP Offices Served:** 45% (n=381)

**# Agreements and Coalitions:** 5,975

**Total Dollars:** \$106,313,669