

FY2014: National EFNEP Data

The Expanded Food and Nutrition Education Program (EFNEP)

SYSTEM DATA

Funding Amount: \$67,934,000

Reporting Period: 10/01/2012 – 09/30/2013

Number of Units: 862

ADULT DATA

Total Adults: 121,850

Total Other Family Members: 359,545

Mean # of Months (Graduates): 2.8

Mean # Lessons (Graduates): 7.8

Mean # Sessions (Graduates): 7

Mean # Hours (Graduates): 9.9

Program Status	# Adults	% Adults
Active	19,553	16%
Graduated	80,286	66%
Terminated	22,011	18%
Gender/Maternal	#	%
Male	15,476	13%
Female	106,374	87%
Pregnant	9,663	8%
Nursing	4,109	3%
Not Pregnant, Not Nursing, No Children	15,068	12%
Residence	#	%
Farm	1,886	2%
Towns under 10,000 & rural non-farms	18,005	15%
Towns & cities 10,000 to 50,000 & their suburbs	27,155	22%
Suburbs of cities over 50,000	8,413	7%
Central cities over 50,000	66,391	54%
Poverty	#	%
< or = 50% of poverty	52,316	43%
51 – 75% of poverty	20,277	17%
76 – 100% of poverty	11,955	10%
101 – 185% of poverty	12,166	10%
185% or more	2,793	2%
Income not provided	22,343	18%

ADULT DATA (contd.)

Instruction Type	#	%
Group Lessons	109,654	90%
Individual Lessons	8,038	7%
Group & Individual Lessons	4,058	3%
Other	100	0%

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	31,882	26%	35,439	29%	1,472	1%	68,793	56%
African American	27,053	22%	1,025	1%	1,769	1%	29,847	24%
American Indian or Alaska Native	1,690	1%	2,096	2%	143	0%	3,929	3%
Asian	3,522	3%	93	0%	106	0%	3,721	3%
Native Hawaiian or Other Pacific Islander	1,016	1%	172	0%	561	0%	1,749	1%
Multiple Races Identified	2,176	2%	675	1%	119	0%	2,970	2%
Race Not Provided	552	0%	9,750	8%	539	0%	10,841	9%
TOTAL	67,891	56%	49,250	40%	4,709	4%	121,850	100%

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

Public Assistance Program	Entry		Exit*	
	#	%	#	%
Total enrolled in one or more Food Assistance Program	35,511	68%	21,794	11%
Women, Infants and Children (WIC)	35,701	29%	1,993	2%
Supplemental Nutrition Assistance Program (SNAP)	52,467	43%	2,734	2%
Food Distribution Program on Indian Reservations (FDPIR)	386	0%	43	0%
The Emergency Food Assistance Program (TEFAP)	4,543	4%	1,339	1%
Head Start	9,413	8%	932	1%
Child Nutrition	36,640	30%	3,349	3%
TANF	9,476	8%	766	1%
Other Federal Assistance	7,125	6%	1,248	1%

*Exit data represents any new public assistance a participant began receiving during EFNEP/as a result of participating.

ADULT IMPACT DATA - DIET RECALLS

with both Recalls: 80,425

% of Graduates with both Recalls: 100%

Food Group	Mean at Entry	Mean at Exit	Mean Change
Grains	5.9 oz. eq.	5.5 oz. eq.	-0.4 oz. eq.
Fruits	1 cups	1.3 cups	0.3 cups
Vegetables	1.5 cups	1.7 cups	0.2 cups
Milk	1.2 cups	1.4 cups	0.2 cups
Meats	5.8 oz. eq.	5.8 oz. eq.	0 oz. eq.
	Mean at Entry	Mean at Exit	Mean Change
Oils	13 grams	12.3 grams	-0.7 grams
Whole Grains	0.5 oz. eq.	0.8 oz. eq.	0.3 oz. eq.
Solid Fats and Added Sugars (SoFAS)	392.6 calories	349.5 calories	-43.1 calories
Sodium	3033.4 mg	3012 mg	-21.4 mg

% with Positive Change in one or more Food Group: 94% (n=59,330)

% with Positive Change in Physical Activity Level: 38% (n=52,797)

Total Cost Savings: \$1,030,712.19 (n=49,311)

Average Cost Savings: \$20.90 (n=49,311)

Healthy Eating Index (HEI) Category	Mean at Entry	Mean at Exit	Mean Change
Total Fruits (includes 100% juice)	2.1	3	0.9
Whole Fruit (not juice)	1.8	2.7	0.9
Total Vegetables	3.1	3.6	0.5
Dark Green and Orange Vegetables and Legumes	0.9	1.3	0.4
Total Grains	4.3	4.3	0
Whole Grains	0.9	1.4	0.5
Milk	4.5	5.4	0.9
Meat & Beans	8.4	8.7	0.3
Oils	4.6	4.5	-0.1
Saturated Fat	2.2	2.5	0.3
Sodium	2.9	2.6	-0.3
Calories from Solid Fats, Alcoholic Beverages, and Added Sugars (SoFAAS)	15.5	16.6	1.1
Total HEI	50.9	56.3	5.4

ADULT IMPACT DATA - BEHAVIOR CHECKLISTS

with both Checklists: 80,181

% of Graduates with both Checklists: 100%

Improvement in one or more Practice	# Improved	# Responded	% Improvement
Food Resource Management Practice	57,124	67,859	84%
Nutrition Practice	56,578	63,336	89%
Food Safety Practice	44,751	68,295	66%

YOUTH DATA

of Youth Groups: 15,882

Total # of Youth: 392,563

Youth in Other 4-H Programs: 83,912

Mean # Months: 2.2

Mean # Meetings: 6.1

Mean # Sessions: 5.9

Mean # Hours: 6.5

Gender	# Youth	% Youth
Male	196,307	50%
Female	196,256	50%
Residence	#	%
Farm	3,881	1%
Towns under 10,000 & rural non-farms	96,009	24%
Towns & cities 10,000 to 50,000 & their suburbs	60,993	16%
Suburbs of cities over 50,000	33,618	9%
Central cities over 50,000	198,061	50%

YOUTH DATA (contd.)

Grade	# Youth	%
Pre-School	4,524	1%
Kindergarten	43,829	11%
Grade 1	51,530	13%
Grade 2	52,697	13%
Grade 3	70,337	18%
Grade 4	65,331	17%
Grade 5	44,984	11%
Grade 6	20,012	5%
Grade 7	12,371	3%
Grade 8	10,818	3%
Grade 9	4,212	1%
Grade 10	4,020	1%
Grade 11	2,985	1%
Grade 12	2,496	1%
Special Education	2,417	1%
Delivery Mode	# Youth Groups	% Youth Groups
4-H Club Membership	73	0%
4-H Special Interest/Short-Term Program	2,010	13%
4-H Camping Programs	83	1%
School Enrichment Programs	11,707	74%
After-School Programs Using 4-H Curricula/Staff Training	2,001	13%
Instructional TV/Video/Web Programs	8	0%

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	129,181	33%	103,631	26%	1,023	0%	233,835	60%
African American	102,675	26%	2,645	1%	409	0%	105,729	27%
American Indian or Alaska Native	6,266	2%	3,365	1%	262	0%	9,893	3%
Asian	7,545	2%	199	0%	161	0%	7,905	2%
Native Hawaiian or Other Pacific Islander	2,566	1%	327	0%	2	0%	2,895	1%
Multiple Races Identified	8,491	2%	5,417	1%	523	0%	14,431	4%
Race Not Provided	2,472	1%	11,968	3%	3,435	1%	17,875	5%
TOTAL	259,196	66%	127,552	32%	5,815	1%	392,563	100%

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

YOUTH IMPACT DATA**Results for All Grades (K-12)**

Improvement in One or More Practice	# Responded	% Improvement
Diet Quality	164,353	86%
Physical Activity	163,266	44%
Food Safety	162,489	48%
Food Resource Management	19,041	50%
Food Security	2,636	33%

Kindergarten – 2nd Grade

Improvement in One or More Practice	# Responded	% Improvement
Diet Quality	53,233	89%
Physical Activity	52,539	43%
Food Safety	52,554	53%

3rd – 5th Grade

Improvement in One or More Practice	# Responded	% Improvement
Diet Quality	84,992	82%
Physical Activity	84,782	37%
Food Safety	84,361	40%

6th – 8th Grade

Improvement in One or More Practice	# Responded	% Improvement
Diet Quality	19,689	90%
Physical Activity	19,535	71%
Food Safety	19,258	62%
Food Resource Management	19,041	50%

9th – 12th Grade

Improvement in One or More Practice	# Responded	% Improvement
Diet Quality	6,439	89%
Physical Activity	6,410	68%
Food Safety	6,316	64%
Food Security	2,636	33%

STAFF DATA

Staff Type	Youth FTE	% Youth	Adult FTE	% Adult	Total Staff	Total FTE
Professionals	29.9	28%	77.4	72%	321	107.2
Paraprofessionals	299.2	30%	704.4	70%	1,616	1003.7
Volunteers	57	46%	66.5	54%	19,368	123.5
Total	386.1	31%	848.3	69%	21,305	1234.4

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	10,733	50%	3,761	18%	165	1%	14,659	69%
African American	4,310	20%	93	0%	114	1%	4,517	21%
American Indian or Alaska Native	139	1%	141	1%	6	0%	286	1%
Asian	327	2%	9	0%	6	0%	342	2%
Native Hawaiian or Other Pacific Islander	79	0%	16	0%	8	0%	103	0%
Multiple Races Identified	113	1%	60	0%	5	0%	178	1%
Race Not Provided	74	0%	945	4%	201	1%	1,220	6%
TOTAL	15,775	74%	5,025	24%	505	2%	21,305	100%

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

Volunteer Roles	# Volunteers	% Volunteers
Instructs	4,344	22%
Advises	359	2%
Educational Role	8,065	42%
Supports Programming	8,681	45%
Mid-level Manager	916	5%

Note: Volunteers may have more than one role.

% of Volunteers who are Former Participants: 12% (n=2,410)