



United States
Department of
Agriculture

National Institute
of Food
and Agriculture

4-H National
Headquarters

Safe and Healthy Homes Resources

The following resources are from various federal agencies that promote Safe and Healthy Homes. The resources are divided by topic area related to the category they fall under.

Healthy Homes

[Tips for Keeping a Healthy Home](#) – Housing and Urban Development (HUD)

This helpful flyer advertises tips for keeping a healthy home. It includes ways to keep a home dry, clean, safe, well-ventilated, pest-free, contaminant-free, and well-maintained.

[Tips by Room](#) – Centers for Disease Control (CDC)

This site is designed to give the user an interactive experience by selecting health and safety tips for each room in a home. Included are suggestions for ways to protect children from potential hazards and how to improve health and safety practices. Additionally provided are sections on tools and training, tips by topic, and tips for specific audiences.

[The Healthy Homes Program](#) – Housing and Urban Development (HUD)

The healthy homes program was launched to protect children and families from housing-related environmental hazards. In its efforts to address health and safety concerns, this site provides comprehensive information on the healthy homes program and sections about housing-related hazards.

Lead and Lead Poisoning

[Protect Your Family from Lead Exposure](#) – Environmental Protection Agency (EPA)

This site provides information about lead, sources of lead at home, and how to make a home lead-safe. It also provides lead basics and ways to protect family members from exposure.

[Lead Poisoning](#) – Centers for Disease Control (CDC)

This infographic gives a simple overview of where lead can be found in a child's environment, what the harmful health outcomes are, and ways to prevent lead poisoning. Learn more about lead poisoning prevention and exposure with the additional links.

[Lead](#) – Centers for Disease Control (CDC)

This site has information about lead to inform parents and researchers about lead safety. Related links and topics about lead in the environment and information about the CDC's Childhood Lead Poisoning Prevention Program can also be found here.

Pest Management and Prevention

[Pest Control and Pest Safety](#) – Environmental Protection Agency (EPA)

This site contains resources and information about pesticides and how to get rid of pests safely. Educational resources for children are also available as well as ways to reduce risk exposure.

[Pest Management in the Home](#) – Housing and Urban Development (HUD)

This resource provided by the U.S. Department of Housing and Urban Development gives information about integrated pest management and how to eliminate pests safely. According to the integrated pest management method there are four steps to eliminate pests safely; identify the pest, keep living areas clean, use traps and baits, and continued monitoring for effective pest management. Learn more management techniques by researching this site.

An Overview of Mold

[Interactive Mold House Tour](#) – Environmental Protection Agency (EPA)

Learn how to protect a home from mold and common mold issues around the home. This interactive tool shows where mold can grow in the home and ways to prevent it.

[An Overview of Mold](#) – Extension Disaster Education Network (EDEN)

This overview of mold informs the reader on the characteristics of mold, the causes, prevention, and cleanup methods. There are additional resources listed on this site for further information. * This site is not maintained by a federal agency, but from a land-grant university collaborative in partnership with NIFA.

[A Brief Guide to Mold, Moisture, and Your Home](#) – Environmental Protection Agency (EPA)

The key to mold control is moisture. The Environmental Protect Agency created this site to educate the public about mold. Get the basics of mold and learn extensively about cleanup and remediation methods.

Indoor Air Quality

[Indoor Air Quality](#) – Centers for Disease Control (CDC)

This site contains health and safety tips for indoor air quality and important links with information about some of the pollutants that cause poor indoor air quality.

[Protect Indoor Air Quality in Your Home](#) – Environmental Protection Agency (EPA)

An interactive house tour of indoor air quality identifies key pollutants and ways to protect the air quality in the home. Go room-by-room and get a glimpse of where the pollutants can be found and how to address them.

[Carbon Monoxide](#) – Environmental Protection Agency (EPA)

Identify steps to reduce exposure to carbon monoxide and how to measure it inside the home. Get an overview of carbon monoxide, where it can come from, and the health effects associated with it.

[Radon](#) – Environmental Protection Agency (EPA)

This site provides links to some of the most frequently asked questions about radon. Learn what radon is, how it gets inside the home, and health effects from exposure.

[Asbestos in the Home](#) – Consumer Product Safety Commission (CPSC)

This site will help with understanding asbestos and how to manage an asbestos problem. It contains places of where it can be found in the home and the best practices to prevent it from coming into contact with the air.

Drinking Water Safety

[Drinking Water](#) – Centers for Disease Control (CDC)

This site has general information on drinking water in the home. It includes additional information on the different types of water systems, where water comes from, and testing water for contamination.

[Water Wells](#) – Environmental Protection Agency (EPA)

The Environmental Protection Agency provides an in-depth look at private drinking water wells. The health impacts of contaminated wells, how to safeguard the well, and information about water wells in each state are also found here.

Safe Homes - Fire/Burn Safety

[Around the House Fire Safety Tips](#) – Centers for Disease Control (CDC)

This around the house fire safety tips flyer includes how to create an emergency plan with the best ways to avoid a fire.

[Home Fire Preparedness](#) – Department of Homeland Security (DHS)

Learn about fires and what to do before, during, and after an incident. Additional resources can be found on this page for outreach materials and educational programs.

[Safer Cooking](#) – Consumer Product Safety Commission (CPSC)

Learn how to prevent a cooking fire and how to put it out with tips from the Consumer Product Safety Commission.

[Benefits of Smoke Alarms](#) – United States Fire Administration (USFA)

This site has information about smoke alarms and outreach materials including infographics about the importance of smoke alarms.

[Fire extinguisher](#) – United States Fire Administration (USFA)

Use this site to learn how to use and choose fire extinguishers; with basic information and tips for using fire extinguishers on a potential fire.

[Electrical Safety](#) – United States Fire Administration (USFA)

This site includes electrical safety outreach materials and handouts for understanding electrical fire safety.

Injury Prevention

[Tip-Over Information](#) – Consumer Product Safety Commission (CPSC)

The CPSC launched their “Anchor It!” campaign with ways to prevent a tip-over accident and secure furniture from falling over. This site provides tips and related resources to help prevent tip-over tragedies.

[Injury Prevention](#) – Centers for Disease Control (CDC)

This site contains information about different types of child injuries and how to prevent them. Such injuries include burn prevention, fall prevention, and drowning prevention.

Water Safety and Drowning Prevention

[Swimming Pool Safety](#) – Consumer Product Safety Commission (CPSC)

This site includes information on swimming pool safety. Topics range from how to prevent drowning to electrical shock in swimming pools.

[Inflatable and Kiddie Pools](#) – Centers for Disease Control (CDC)

Inflatable and plastic swimming pools can spread illness. This CDC website gives an overview of how to protect children from the risk of illnesses associated with kiddie pools.

[Swimming Safety](#) – Centers for Disease Control (CDC)

This site gives information on drowning prevention and prevention tips.

The 4-H Youth Development Program is the youth outreach program from the land-grant institutions' Cooperative Extension Services, and the U.S. Department of Agriculture (USDA). 4-H serves as a model program for the practice of positive youth development. 4-H National Headquarters is housed within the Division of Youth and 4-H at USDA's National Institute of Food and Agriculture. For more information email 4Hhq@nifa.usda.gov. USDA-NIFA is an equal opportunity provider, employer and lender. (July 2017).